



a Child's best start

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Assessing Growth Using Growth Charts Evaluation Checklist

Go through this checklist to ensure that these areas in growth assessment have been evaluated:

Practices:

- Use of appropriate measuring equipment: weight, length, height, head circumference
- Weight measurement technique for infants and young children
- Weight measurement technique for older children
- Length measurement technique
- Height measurement technique
- Head circumference measurement technique
- Recording of measurements
- Selection and use of WHO growth charts
- Interpretation of one plotted point on growth charts
- Interpretation of growth patterns on growth charts
- Referring children for intervention as needed based on growth pattern
- Frequency of growth screening

Knowledge:

- Stunting: causes, consequences, and assessment
- Wasting: causes, consequences, and assessment
- Underweight: causes, consequences, and assessment
- Types of growth charts
- Components of growth charts
- Cases when nutrition intervention is needed
- Considerations when assessing growth of children with disabilities (basic)

Attitudes

- Personal attitudes and beliefs towards the appearance and health of a child
- Local cultural beliefs towards causes of malnutrition
- Perceived constraints to regular growth measurements
- Perceived constraints to the use of WHO growth charts

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Training

- Satisfaction with training information, delivery and materials
- Satisfaction with skills acquired in training
- Perceived strengths in growth assessment skills after training
- Gained confidence in growth assessment skills previously perceived as weaknesses
- Barriers to implementing acquired knowledge and skills in assessing growth

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