



Orphan Nutrition

An initiative of *A Child's Best Start* to improve nutrition and feeding of orphaned children

Recommended Measurement Schedule for Children 0-24 Months¹

Measurement	Age									
	3-5 days	1 mo.	2 mo.	4 mo.	6 mo.	9 mo.	12 mo.	15 mo.	18 mo.	24 mo.
Weight	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Length	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Head Circumference	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Weight-for-length	✓	✓	✓	✓	✓	✓	✓	✓	✓	*

*At 24 months, many health care professionals recommend using Body Mass Index (BMI) as an indicator instead of weight-for-length

1. Table based on recommendations made by the American Academy of Pediatrics (USA)